Kiwanis Park Recreation & Community Center

6111 S. All-America Way Tempe, AZ 85283 • 480-350-5201

Visit us on-line at www.tempe.gov/pkrec/krc

Kiwanis Park Recreation Center 480-350-5201

The Kiwanis Park Recreation Center is located in the southern portion of the beautiful 125 acre Kiwanis Park. The Park is located between Baseline and Guadalupe Roads off Mill Avenue. This community recreation center offers a wide variety of amenities including a basketball/ volleyball gymnasium, an indoor heated wave and lap pool, an award winning tennis center with 15 outdoor lighted tennis courts and a Pro-Shop with swimming and tennis products including racquet-restringing services. Complete locker and shower room facilities are available for patrons. While food may not be brought into the building, there is a full-service concession stand open during wave pool hours and catering service is available for private and corporate rentals. For more information on catering please call 480-

Admission fees are required to use and/or attend most programs within the center. Areas of the center (as well as the entire center) are available for private group rentals. Contact 480-350-5791 for details.

Note: KRC reserves the right to alter and revise hours of operation with appropriate notice.

Private Parties at KRC 480-350-5791 FUN! EXCLUSIVE! SPECIAL!

- Family Reunions Graduation Socials
- Baptisms Bat mitzvahs / Bar mitzvahs
- Corporate or Family Picnics
- Birthday Parties
- Class Reunions School Parties



Facility Information 480-350-5201 January-March 2005 Facility Hours

Monday-Thursday	7am-10pm
Friday	7am-7pm
Saturday	8am-6pm
Sunday	9am-4pm
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Holiday Hours:

Closed Thursday, March 31 Monday, May 30 12-6pm



Pool Information 480-350-5201

- Wave pool
- Lap swimming
- Water playtime
- Swimming
- Lifeguard training • Specialty
- classes
- lessons
 - Water Fitness

Special Events and Classes 480-350-5201

• Specialty Classes • Health/Exercise Classes • Wellness Classes Craft Classes
 CPR and First Aid Classes
 www.tempe.gov/pkrec/krc



Tennis Information 480-350-5201

- Court Reservations
- Drills Clinics
- Drop-In Programs
- Youth Classes
- Tennis Classes
- Tennis Leagues
- Hitting Wall

www.tempe.gov/pkrec/krc/tennis

Programs at **Kiwanis Recreation Center** 480-350-5201

See complete listings in Activities for Youth, Teens, Adult and Family Sections. Look for Location Code KRC

Adults
General Interestpg. 24-25
Health, Exercise, Sportspgs. 26-27
Personal Wellnesspg. 25
Craftspg. 20-21
Family Activitiespgs. 22-23
Sports for Youth and Teens pgs. 18, 19
Swimmingpgs. 34-35
Teen Activitiespg. 19
Tennispgs. 36-37
Youth Activitiespgs. 13-15



Gymnasium Information 480-350-5201

Fees listed are for supervised gym time and rates are lower when the gym is

Fees: Adults (18 yrs & up) Children (6-17 yrs) \$1.50

- Open Play Volleyball LeaguesYouth Basketball, Soccer and Volleyball Camps



Birthday Party Packages 480-350-5751

- · Costume Fun with Birthday Genie
- Arizona Party Pals
- Splashin' Birthday Bash
- 3-Point Birthday Shoot Out
- Bump, Set, Spike Birthday Party
- Smashing Tennis Birthday Party
- Mad Science Birthday Fun
- Mother Goose Birthday Rhymes Birthday Fun with Footz the Clown
- Magical Mystery Birthday
 Food packages available

www.tempe.gov/pkrec/krc/

Batting Range

6005 S. All-America Way Tempe, AZ 85283 • 480-350-5727

Fees: Tokens @ 50 cents each = 1 Game/12 pitches

Spring Break 2005 Baseball Clinic-The 12th Annual Spring Baseball Clinic is sliding into home plate March 14-18. Once again, the Kiwanis Park Batting Range is offering all (boys and girls) baseball players age 8-15 the opportunity to fine-tune their skills. This year's clinic has been expanded to FIVE Days and will cover the proper techniques for hitting, fielding, base-running and position play. Pitching will be covered for those players interested. Space is limited so sign-up early! Registration will be accepted at the Kiwanis Park Batting Range during regular business hours. Registration deadline is March 4, 2005. Fee: \$150.

BATSPC 8-15yrs M-F 3/14-3/18 9am-12pm KPBR

"First Pitch" Hitting Clinic-Are you ready to hit that first pitch of the season? If not, then sign-up for the Kiwanis Park Batting Range's "First Pitch" Hitting Clinic! This year's clinic will be held on February 21, 2005. All boys and girls age 8-15 are invited to participate in this one day clinic. This hitting clinic is designed to help get those bugs out of your swing. Jeff Carter, hitting coach for the Minnesota Twins Class AA affiliate New Britain Rock Cats, is fired up and ready to heat up your swing. Space will be limited, so sign up early! Registration will be accepted at the Kiwanis Park Batting Range during regular business hours. Registration deadline is February 14, 2005. Fee: \$45.

Hours: Monday-Friday 3pm-9pm; Saturday 10am-6pm; Sunday 1-9pm; March 14-18 (Spring Break) 1-9pm

By Quote

GROUP LESSONS

Hitting

Four, 1-Hour lessons, in-groups of 5-8 for boys and girls age 7-15. Fee: \$48

BATHIT-1 2/8-3/1 Tues. 6:30pm BATHIT-2 3/15-4/5 Tues. 6:30pm

Pitching

Four, 1-hour lessons, in-groups of 4-6 for boys and girls age 7-15. Fee: \$48

BATPIT-1 2/12-3/5 Sat. 3pm **BATPIT-2** 3/19-4/9 Sat. 3pm

PRIVATE LESSONS

Private lessons are available for baseball and fast-pitch softball. Lessons for hitting, pitching and fielding are available by appointment. These may be for an individual, 2 individuals (semi-private), or for teams. Call the Batting Range for more information or to make an appointment.

9am-12pm KPBR

Group/Team

Private	45 minute lesson 3 lesson package	\$30 \$80
Semi-Private	45 minute lesson 3 lesson package	\$40 \$110

75 minute lesson

PARTY PACKAGE The Kiwanis Park Batting Range would like to invite you and your friends to celebrate your birthday at the Batting Range. A great round of hitting and fun is waiting for you on your special day! Each party member will receive: 17>>> 1 CAN OF SODA • 1 BAG OF CHIPS • 1 ICE CREAM BAR • 5 TOKENS The Birthday Package fee is \$4 per **** child. Advance reservations are required (5 days minimum). The birthday child receives his party package FREE, with a minimum of 6 paying children. For more information call: 480-350-5727

BATF21 8-15yrs M

Swimming Pool Activities



Kiwanis Park Wave Pool

Come splash and play in our indoor, heated wave pool. Rent a tube and float the waves, then enjoy an icy soda and hot pizza at Kiwani Island Concession Stand. We have a few safety rules for your visit. Children under age 8 must have an adult with them at all times. No water wings or other floatation devices permitted. The minimum height to use the water slide is 48".

WAVE POOL HOURS - MARCH 12 THRU MAY 30

12:30pm-4:30pm

March 12 - April 30 Saturdays

March 14 - March 19 Spring Break - everyday May 7 - May 29 Saturdays and Sundays May 30 Memorial Day

WAVE POOL FEES - 12:30-4:30pm Adults (18 yrs. & up) Children (3-17 yrs.)

*1/2 PRICE WAVE HOURS - 2:30-4:30pm (during wave days only)

Adults (18 yrs. & up) \$1.50 Children (3-17 yrs.)

*No other discounts may be used with this discount

Lap Swimming Hours:

Effective March 1 - May 25

Monday - Friday 7am - 8:30am* Monday - Thursday 11:30am-1:30pm** Monday - Thursday 4:30pm - 8pm* Saturday 8am - 11am*

*Except during private rentals.
**No mid-day lap swimming beginning May 9.
**No mid-day lap March 14-17. Closed 3/31.

Lap Swim Admission Fees

Adults (18 yrs and up) Children (3-17 yrs) \$1.25

Discount Lap Swim Passes

	Adult	Youth
Pass-20 visits	\$34	\$18
Quarterly Pass	\$57	\$28

Private/Semi-Private/Small Group Lessons:

Private, semi-private and small group lessons are available through the Kiwanis Recreation Center. Call 480 350-5201 for additional information.

Rates Per Class Meeting:

0	1/2 hr	3/4 hr	1 hr
Private (1 individual):	\$14	\$19	\$24
Semi-Private (2 individuals):	\$16	\$22	\$30
Small Group (3or4 individuals)	\$18	\$25	\$32
Additional Person (each):	\$7	\$9.50	\$10

Swimming Pool Activities

Swimming Lesson General Information

The City of Tempe Community Services Department provides a progressive program for students who wish to learn or improve their swimming skills. This program is based on the American Red Cross learn-to-swim program. If you have concerns regarding your child's progress or ability level, please discuss them with the instructor or pool manager.

Fees for each class must be paid at the time of

A student may register for a maximum of one (1) learn-toswim class using any of the registration procedures below.

Students may register for additional learn-to-swim classes after they have completed a class. At the end of the seventh lesson each student will be provided with a skill progress sheet for the class in which he/she is currently participating and information on the next appropriate class.

Students will only be permitted to register for the next level of class by providing their skill progress sheet with their registration form.

All pre-registration activities are subject to cancellation 3 days prior to the start date if minimum registration is not

Swim Lesson Program & Class Descriptions

Parent-Assisted Lessons 30-minute classes

Water Babies (8-12 mos): Designed to be an infant's first introduction to water adjustment with emphasis on parent participation/education as well as safety skills and fun. One child per adult.

Parent-Infant (12-24 mos): Designed with an emphasis on parent participation, safety skills, comfort and fun. One child per adult.

Parent-Tot (24-36 mos): For the older tot to continue water adjustment, swim readiness skills and safety skills. One child per adult.

Shrimps (2 to 4 years): For pre-school children who are not ready for an independent swim program or the child who has mastered the Parent-Tot class and is ready for more swim readiness skills. One child per adult.

Pre-School Age Lessons (Suggested age 3-5 years) 30 minute classes

Tadpoles: For children ready to participate in an aquatic class on their own. Emphasis on basic water adjustment, breath-holding and floating. Equivalent to Red Cross

Guppies: Prerequisite skills: blow bubbles, fully submerge unassisted; front and back float with support. Equivalent to Red Cross Level II.

Otters: Prerequisite skills: demonstrate coordinated back and front crawl for 10 yards. Equivalent to Red Cross Level III, Part A.

Minnows: Prerequisite skills: front crawl with rhythmic breathing 15 yards, back crawl 15 yards, jumps into chest deep water and swims 15 yards; demonstrates treading water. Equivalent to Red Cross Level III, Part B.

Starfish: Prerequisite skills: coordinated front crawl with side-breathing 20 yards, back crawl 20 yards, demonstrates treading water, elementary backstroke and butterfly kick. Equivalent to Red Cross Level IV.

School Age Lessons (Suggested age 6 years and up) 45 minute classes

Seals: for the child who has not had any previous formal instruction in aquatic skills. Class emphasis is on water adjustment skills, breath-holding kicking and safety skills. Equivalent to Red Cross Level I.

Dolphins: Prerequisite skills: fully submerges for three seconds, demonstrates front and back float. Equivalent to Red Cross Level II.

Sharks: Prerequisite skills: combined front and back crawl for 10 yards, beginning level of rhythmic breathing. Equivalent to Red Cross Level III.

Porpoise: Prerequisite skills: swim front and back crawl 15 yards, elementary backstroke 15 yards, demonstrate treading water. Equivalent to Red Cross Level IVA

Flying Fish: Prerequisite skills: swim front and back crawl 25 yards, elementary backstroke 25 yards, demonstrate breaststroke kick and treading water 2 minutes. Equivalent to Red Cross Level IV, Part A.

Swordfish: Prerequisite skills: swim 50 yards of front crawl with side-breathing, swim 50yards of back crawl, swim 25 yards of elementary backstroke, swim breaststroke 50 yards and tread water for 2 minutes. Equivalent to Red Cross Level V Part B.

Stingray: Prerequisite skills: swim 100 yards of front and back crawl, 100 yards breaststroke, swim underwater, demonstrate 25 yards of butterfly and sidestroke; and tread water 2 minutes. Equivalent to Red Cross Level VI.

Barracuda: Prerequisite skills: swim front and back crawl 250 yards, swim breaststroke, sidestroke, butterfly 50 yards, butterfly demonstrate open and flip turns, surface dives and tread water for 3 minutes.

Specialty Lessons - Aquatics 45 minute classes

Adult Beginner: (Prerequisite: 15 years of age and older). Class is designed for adults who wish to learn to swim and will be geared to meet the needs of individuals. Emphasis is on adapting to the water and introduction to the front crawl, back float and safety skills.

Adult Intermediate: (Prerequisite: 15 years of age and older). Class is designed for adults who have mastered the beginner skills and can swim 25 yards using a front crawl.

Adult Stroke Improvement: (Prerequisite: 15 years of age and older). Class is designed to improve upon and refine current skills rather than teach strokes.

Water Fitness (Aerobics): A fitness class incorporating warm-ups, 25-40 minutes of aerobic exercise, a cool-down period and exercises to tone and strengthen muscles. No swimming ability required.

Deep Water Fitness (Aerobics): This is a water fitness class using deep water as its medium. Participants should be comfortable in deep water. The class will use some flotation devices to exercise.



dive right in a enjoy nature a be self sufficient in the water cool off a preserve sea life a gain job skills a create memories create a ripple effect & get heart-healthy & have fun in the sun



Swimming Pool Activities and Schedules

Kiwanis Pool Evening Swim Lesson Schedule 480-350-5201 Monday/Wednesday Classes Classes meet twice a week for four weeks. Fees for Swim Classes: \$38

		Session I	Session II
Class Title	Time	3/21-4/13	4/18-5/11
Parent-Infant	5:40pm	KPI1-1B	KPI2-1B
Parent-Tot	6:15pm	KPT1-1B	KPT2-1B
Shrimps	6:15pm	KSP1-1B	KSP2-1B
Tadpoles	4:30pm	KTA1-1B	KTA2-1B
	5:40pm	KTA1-2B	KTA2-2B
	6:50pm	KTA1-3B	KTA2-3B
Guppies	4:30pm	KGU1-1B	KGU2-1B
	5:05pm	KGU1-2B	KGU2-2B
	6:15pm	KGU1-3B	KGU2-3B
	6:50pm	KGU1-4B	KGU2-4B
Otters	4:30pm	KO T1-1B	KOT2-1B
	5:05pm	KOT1-2B	KOT2-2B
Minnows	5:05pm	KMN1-1B	KMN2-1B
	6:50pm	KMN1-2B	KMN2-2B
Starfish	5:40pm	KST1-1B	KST2-1B
Dolphins	5:05pm	KDL1-1B	KDL2-1B
Sharks	6pm	KSH1-1B	KSH2-1B
Porpoise	6pm	KPO1-1B	KPO2-1B
Flying Fish	6:50pm	KFF1-1B	KFF2-1B
Swordfish	5:05pm	KDF1-1B	KDF2-1B
Stingray	6:50pm	KGR1-1B	KGR2-1B
Adult Beg.	7:45pm	KAD1-1B	KAD2-1B
Adult Inter.	7:45pm	KAI1-1B	KAI2-1B
Adult Stroke	7:45pm	KSI1-1B	KSI2-1B
Improvement			

Tuesday/Thursday Classes Classes meet twice a week for four weeks. Fees for Swim Classes: \$38.

		Session I	Session II
Class	Time	3/22-4/14*	4/19-5/12
Water Babies	5:40pm	KWB3-1B	KWB4-1B
Parent-Infant	5:05pm	KPI3-1B	KPI4-1B
Parent-Tot	6:15pm	KPT3-1B	KPT4-1B
Shrimps	5:40pm	KSP3-1B	KSP4-1B
Tadpoles	4:30pm	KTA3-1B	KTA4-1B
	5:05pm	KTA3-2B	KTA4-2B
	6:15pm	KTA3-3B	KTA4-3B
Guppies	4:30pm	KGU3-1B	KGU4-1B
	5:05pm	KGU3-2B	KGU4-2B
	6:15pm	KGU3-3B	KGU4-3B
	6:50pm	KGU3-4B	KGU4-4B
Otters	4:30pm	KOT3-1B	KOT4-1B
	5:40pm	KOT3-2B	KOT4-2B
Minnows	4:30pm	KMN3-1B	KMN4-1B
	6:50pm	KMN3-2B	KMN4-2B
Starfish	5:40pm	KST3-1B	KST4-1B
Seals	6:00pm	KSE3-1B	KSE4-1B
Dolphins	6:00pm	KDL3-1B	KDL4-1B
Sharks	5:05pm	KSH3-1B	KSH4-1B
Porpoise	5:05pm	KPO3-1B	KPO4-1B
Flying Fish	6:50pm	KFF3-1B	KFF4-1B
Swordfish	6:50pm	KDF3-1B	KDF4-1B
Stingray	6:50pm	KGR3-1B	KGR4-1B
Barracuda	6:50pm	KBC3-1B	KBC4-1B
*No class on 3/31, Make up on April 1			



Kiwanis Pool Water Fitness Schedule Session runs 3/21-5/28		
Class Title	Day	Time
Deep Water	Mon/Wed	6:40pm
Water Fitness	*Mon-Thurs Mon/Wed Tues/Thurs Sat	8:50am 5:30pm 6:40pm 9am
*Starting May 9 the 8:50am class will meet at 8am.		

Program Card Fees-Water Fitness

4 workouts-\$16 6 workouts-\$24 8 workouts-\$32

Saturday Classes Classes meet once a week for six weeks. Fees for Swim Classes: \$29

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Class Title	Time	Session I 3/26-4/30
Water Babies	9:35am	KWB5-1B
Parent-Infant	9am	KPI5-1B
Parent-Tot	10:10am	KPT5-1B
Shrimps	9:35am	KSP5-1B
	10:45am	KSP5-2B
Tadpoles	9am	KTA5-1B
	10:10am	KTA5-2B
	10:45am	KTA5-3B
Guppies	9am	KGU5-1B
	9:35am	KGU5-2B
	10:45am	KGU5-3B
Otters	9:35am	KOT5-1B
	10:10am	KOT5-2B
Minnows	10:10am	KMN5-1B
Starfish	9am	KST5-1B
Seals	9:55am	KSE5-1B
Dolphins	9am	KDL5-1B
Sharks	9am	KSH5-1B
	9:55am	KSH5-2B
Porpoise	9am	KPO5-1B
	9:55am	KPO5-2B
Flying Fish	10:45am	KFF5-1B
Swordfish	10:45am	KDF5-1B
Stingray	10:45am	KGR5-1B
Barracuda	10:45am	KBC5-1B

Special Interest Aquatic Classes

American Red Cross Lifeguard Training 480 350-5201-This is an American Red Cross certification course for

This is an American Red Cross certification course for individuals who are interested in life guarding. The course will include First Aid and CPR, as well as lifeguard training skills. Participants must be 15 years of age and able to perform swimming skills necessary to complete the course requirements. Fee: \$110.

KLGT-1B 15yrs+ T/Th 3/8-4/9* 7-10pm KRC Sa 9am-1pm

*No class March 14-18

KLGT-2B 15yrs+ M-F 3/14-3/18 8am-5pm KRC

Water Safety Instructor 480-350-5201-This is an American Red Cross certification course for individuals wishing to become swimming instructors. Pre-requisites - 17 years of age or older, ability to perform skills appropriate for the class. Fee: \$110.

KWSI-1B 17yrs+ T/Th 4/12-5/7 6:30-9:30pm KRC Sa 9am-2pm KRC

Arthritis Foundation Water Exercise Class 480-350-5201-An exercise class designed to help relieve pain and stiffness caused by arthritis. The class is taught by arthritis certified instructor.

KAF1-1B T/Th 3/22-4/14* 11:15am-noon KRC Fee: \$32.
KAF1-2B T/Th 4/19-5/5 11:15am-noon KRC Fee: \$27.

*No class on 3/31.

